

DAY 1

Time	Event #	Event	Round	Time	Event #	Event	Round
4:00	1	F 100m Novice	H	4:00	21	W LJ Novice	F
	2	M 100m Novice	H		26	M SP Novice	F
	33	F 100m Junior	H		55	F TJ Junior	F
	34	M 100m Junior	H		60	M DT Junior	F
	65	F 100m Senior	H		81	F HJ Senior	F
	66	M 100m Senior	H		94	M JT Senior	F
5:15	15	F 300H Novice	30" TF				
	47	F 300H Junior	30" TF				
	79	F 400H Senior	30" TF				
	16	M 300H Novice	33" TF				
	48	M 300H Junior	33" TF				
	80	M 400H Senior	36" TF				
6:00	9	F 1500m Novice	TF	6:00	25	W SP Novice	
	10	M 1500m Novice	TF		22	M LJ Novice	
	41	F 1500m Junior	TF		59	F DT Junior	
	42	M 1500m Junior	TF		56	M TJ Junior	
	73	F 1500m Senior	TF		93	F JT Senior	
	74	M 1500m Senior	TF		82	M HJ Senior	
7:30	31	F 4x100m Novice	TF				
	32	M 4x100m Novice	TF				
	63	F 4x100m Junior	TF				
	64	M 4x100m Junior	TF				
	95	F 4x100m Senior	TF				
	96	M 4x100m Senior	TF				

** Top 16 100m qualify for A/B Final on Day 3 **

DAY 2

Time	Event #	Event	Round	Time	Event #	Event	Round
4:00	13	F 80H Novice	30" H	4:00	17	F HJ Novice	
	45	F 80H Junior	30" H		30	M JT Novice	
	77	F 100H Senior	30" H		53	F LJ Junior	
	14	M 100H Novice	33" H		58	M SP Juniof	
	46	M 100H Junior	36" H		87	F TJ Senior	
	78	M 110H Senior	36" H		92	M DT Senior	
4:45	11	F 3000m Novice	TF				
	43	F 3000m Junior	TF				
	75	F 3000m Senior	TF				
5:45	13	F 80H Novice	TF				
	45	F 80H Junior	TF				
	77	F 100H Senior	TF				
	14	M 100H Novice	TF				
	46	M 100H Junior	TF				
	78	M 110H Senior	TF				
6:00	3	F 200m Novice	H	6:00	29	F JT Novice	
	4	M 200m Novice	H		18	M HJ Novice	
	35	F 200m Junior	H		57	F SP Junior	
	36	M 200m Junior	H		54	M LJ Junior	
	67	F 200m Senior	H		91	F DT Senior	
	68	M 200m Senior	H		88	M TJ Senior	
7:30	12	M 3000m Novice	TF				
	44	M 3000m Junior	TF				
	76	M 3000m Senior	TF				
8:15	5	F 400m Novice	TF				
	6	M 400m Novice	TF				
	37	F 400m Junior	TF				
	38	M 400m Junior	TF				
	69	F 400m Senior	TF				
	70	M 400m Senior	TF				

** Top 16 200m qualify for A/B Final on Day 3 **

3000m races may be combined to save time if entry numbers are low. Results will be separated by age groups.

DAY 3

Time	Event #	Event	Round	Time	Event #	Event	Round
4:00	97	F SC Open	30"	4:00	23	F TJ Novice	
	98	M SC Open	36"		28	M DT Novice	
4:30					49	F HJ Junior	
	103	F 100m Blind	TF		62	M JT Junior	
	104	M 100m Blind	TF		85	F LJ Senior	
	105	F 100m Intellectual	TF		90	M SP Senior	
	106	M 100m Intellectual	TF				
	1	F 100m Novice	A/B F				
	2	M 100m Novice	A/B F				
	33	F 100m Junior	A/B F				
	34	M 100m Junior	A/B F				
	65	F 100m Senior	A/B F				
	66	M 100m Senior	A/B F				
5:15				5:30		WC, Int, Vis SP	
	71	F 800m Senior	TF				
	72	M 800m Senior	TF				
	39	F 800m Junior	TF				
	40	M 800m Junor	TF				
	7	F 800m Novice	TF	6:00	27	F Dt Novice	
	8	M 800m Novice	TF		24	M TJ Novice	
	115	F 800m Intellectual	TF		61	F JT Junior	
	116	M 800m Intellectual	TF		50	M HJ Junior	
6:45					89	F SP Senior	
	67	F 200m Senior	A/B F		86	M LJ Senior	
	68	M 200m Senior	A/B F				
	35	F 200m Junior	A/B F				
	36	M 200m Junior	A/B F				
	3	F 200m Novice	A/B F				
	4	M 200m Novice	A/B F				
7:15	99	F 4x400m Open	TF				
	100	M 4x400m Open	TF				